perplexity

HERCULES I DYNO KARATE

It appears your query, **"HERCULES I DYNO KARATE,"** is ambiguous and could refer to one of two distinct topics—a **karate school in Hercules, California** (such as the Hercules Karate Dojo), or the **1973 Italian martial arts comedy film** often known as *Mr. Hercules Against Karate* (also called *Ming, ragazzi!*). Based on the search results, here's a breakdown of both possible interpretations:

Hercules Karate Dojo (Hercules, California)

- **Hercules Karate Dojo** is a martial arts school located in Hercules, California, offering instruction in traditional Japanese karate for students of all ages and skill levels[1][2][3].
- The dojo emphasizes both physical skills and mental development, fostering **self-discipline, self-esteem, and confidence**[1][2].
- Classes include instruction in **basic self-defense, traditional kata, and sparring**[4].
- The dojo is located at 2001 Refugio Valley Rd, Hercules, CA 94547, and can be reached at (510) 799-8290[3].

Mr. Hercules Against Karate (Film)

- **Mr. Hercules Against Karate** (Italian: *Ming, ragazzi!*) is a 1973 slapstick martial arts comedy film[5].
- The plot involves two unemployed American friends who travel from Australia to Hong Kong to rescue the kidnapped son of a restaurant owner, battling their way through various martial arts antagonists[5].
- The film attempts to cash in on the kung fu craze of the early 1970s and features **broad comedy, exaggerated fights, and plenty of physical humor**. It is often compared to the Bud Spencer and Terence Hill films but lacks their star power[5].
- The film is considered a **cult "guilty pleasure"** due to its over-the-top antics rather than its cinematic quality, and it includes stereotypical portrayals that have not aged well[5].

- The actual title can be confusing—there is no real Hercules character (just a marketing title), and the focus is on comedic brawling rather than traditional karate[5].

Topic	Details
Hercules Karate Dojo	Karate school in Hercules, CA. Focus on traditional training[1][2][3].
Mr. Hercules Against Karate	1973 Italian comedy film. Slapstick martial arts, not traditional karate[5].

If you meant **classes or schools**, you're likely referring to **Hercules Karate Dojo**.
If you meant **the movie**, refer to *Mr. Hercules Against Karate* above[5].

If you had a different intent or context for "DYNO KARATE" (perhaps a typo or reference to a specific product, event, or character), please clarify your question for a more precise answer.

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Hercules II HOME STUDY BODYBUILDING KILLER KARATE

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HERCULES II BODYBUILDING COURSE KILLER KARATE

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1. https://www.herculeskaratedojo.com
2. https://www.mapquest.com/us/california/hercules-karate-dojo-269793712
3. https://www.yelp.com/biz/hercules-karate-dojo-hercules

4. https://www.herculeskaratedojo.com/copy-of-programs

5. https://www.imdb.com/title/tt0070646/